

## The difference between new energy batteries and energy storage

What is a battery energy storage system?

A battery energy storage system (BESS) is an electrochemical devicethat charges (or collects energy) from the grid or a power plant and then discharges that energy at a later time to provide electricity or other grid services when needed.

### How does a battery storage system work?

Compared to other generation systems, battery storage systems take up little space for the amount of power they release. The oldest and most common form of energy storage is mechanical pumped-storage hydropower. Water is pumped uphill using electrical energy into a reservoir when energy demand is low.

#### What is an energy battery?

An energy battery, also known as a high-energy battery, is a rechargeable battery designed to store and release energy over an extended period. These batteries are optimized to provide sustained power output, making them ideal for applications requiring long-lasting energy storage and usage. Primary functions: Store energy for extended periods.

#### What is an energy storage system?

An energy storage system (ESS) for electricity generationuses electricity (or some other energy source, such as solar-thermal energy) to charge an energy storage system or device, which is discharged to supply (generate) electricity when needed at desired levels and quality. ESSs provide a variety of services to support electric power grids.

### What is battery storage & why is it important?

Battery storage is one of several technology options that can enhance power system flexibility and enable high levels of renewable energy integration.

#### What is the difference between power and energy batteries?

Longer lifespan compared to power batteries due to optimized charge and discharge cycles. Utilizes chemistries such as lithium-ion or lead acid to maximize energy storage capabilities. Suited for applications where sustained power output is more critical than rapid bursts of energy. Part 3.



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